



# 11th Spring Festival of Awareness



JOIN US FOR...

**“Energy, Ecstasy & Evolution”**

**MAY 26, 27 & 28 - 1989**

**NARAMATA CENTER (near Penticton, B.C.)**

for

**40 WHOLISTIC WORKSHOPS • ENTERTAINMENT • DISPLAYS**

**NETWORKING • HEALING ROOMS**

**plus A CHILDREN'S FESTIVAL**

**SPONSORED BY THE CANADIAN COALITION OF WHOLISTIC HEALTH ORGANIZATIONS  
(CCWHO)**

## CO-ORDINATORS MESSAGE

Dear Festival of Friends,

Welcome to the 11th Spring Festival of Awareness and Naramata. Since the inception of the fair in 1978 it has grown steadily into one of the largest celebrations of its kind in Canada. We in Penticton feel especially blessed to present "Energy, Ecstasy and Evolution" the theme for this year's festival. Naramata offers rolling green lawns, beds of roses and blossoming fruit trees all to delight and uplift us, as we partake in some of the forty workshops, two exciting evening of entertainment and five healing rooms. Since this is a family event a lot of love and attention has gone into the Children's Festival culminating with a special parade performance by the children leading the adults into the gym for the closing ceremonies and end with Sufi dancing as directed by Day Star.

Angele                      ★                      Laurel                      ★                      Urmi                      ★                      David  
Rowe    Burnham    Sheldon    Cursons

### ★ THE ENTIRE FACILITY IS WHEELCHAIR ACCESSIBLE

- FRIDAY - OPENING CEREMONIES — 7 p.m. in the Gym - Meet the workshop leaders and enjoy the entertainment.
- SATURDAY - Entertainment starts 7:30 p.m. in the gym - Drums - Dance and much more.
- SUNDAY - PIED PIPER PARADE led by the children - to the gym. Parade starts at 4:30, then to gym for closing ceremonies & circle.

MEDITATION & HEALING ROOMS  
will be posted. They are FREE!  
VOLUNTEERS WELCOME!

ADULTS ARE WELCOME TO PARTAKE  
in the KIDS FEST ACTIVITIES

COLUMBIA HALL will have a Bulletin board -  
for changes - Be posted - Read it.  
If class size is limited - sign up sheets will be posted.

ALL WORKSHOPS ARE ON A FIRST COME  
BASIS - PLEASE RESPECT SIGNS  
ON DOORS - IF CLASS IS FULL.

### REGISTRATION INFORMATION

Fill in the registration form & mail in with your  
50% deposit before MAY 1st.

If no form in booklet, check your local  
health food store for info or write to Angele.

- SPRING FESTIVAL registration is \$50 per adult before May 1st. Late \$60. Either day \$30. Late \$35.
- CHILDREN'S FESTIVAL is \$25 for weekend. Late registration \$30. Babysitting available.
- MEALS - individual or weekend deal. Adults \$30. Children \$20. Cabins have self-contained kitchens.
- ACCOMMODATION - Wide variety. Starting at \$15 per night, per person. Also R.V. sites (\$15) - Tent spaces (\$10)
- REGISTRATION starts at 4 p.m. Friday. Continuing on Saturday at 7 a.m. At Columbia Hall. Follow signs.
- NARAMATA CENTER is 9 miles north of Penticton on the east side of Lake Okanagan. Easy to find - paved highway.

For more info - You may contact  
Angele Rowe - Ph. 492-3623  
2645 McKenzie Street  
Penticton, B.C. V2A 6J1

## WORKSHOP LEADERS

### **HANK PELSER - THE WELLNESS CLASS**

Hank is a counsellor of Nutripathy, Herbalist, a member of the Colon Therapy Assoc., Iridologist and has an extensive background in nutrition. His class will focus on staying well through understanding the body, as well as a glimpse of what the eyes reveal, known as the science of Iridology. He is from Penticton and his clinic is the "Natural Health Outreach".

### **DR. ED KENNEY - SHAMANIC MEDICINE - THE POWER OF ANCIENT HEALING**

Take a step into JOY - the joy of your Natural Self. Ed provides an innovative approach to this ancient technique so that you can enhance your personal way of living. The workshop is experiential, his approach universal and always fun. Ed focuses his energies on the usability of ancient knowledge for today's lifestyle. Ed is from Thunder Bay, Ontario and has studied the various healing arts for over 20 years and is internationally known. Bring pillow and blanket.

### **DENNIS MILLIGAN - ONE WORLD GOVERNMENT - PLANETARY PEACE OR GLOBAL ENSLAVEMENT**

We are being prepared for a "Cashless Society" as part of the Money Power's plan for One World Government. It's as close as 1992 and the good news is that the structure being put in place to enslave us can also set us free! This lecture explores the problems and provides specific ways that we can protect ourselves and our families. The tide is turning and a grass-roots movement dedicated to positive change is beginning to integrate through the international networks. Dennis is from Vernon and is author of "Money Power - the World's Best Kept Secret". He is a researcher and has been involved with the multi-national conglomerates for over 20 years.

### **MARGARET LAMBERT - POLARITY THERAPY**

Join us for a hands on learning intensive. She will cover gentle and practical techniques for energy balancing and therapeutic relaxation. Bring a pillow and blanket. Margaret is a Certified Polarity Therapist from Vancouver. She will be giving healing in Maple Court for most of the week-end for any who wish to meet her.

### **YARROW ALPINE - SECRETS OF FLOWER REMEDIES**

Flower Essences are a useful resource for healing the emotions and for self development. Get acquainted with remedies for fear, for creative expression, for humor, etc. Learn how the remedies are made and how you can learn to talk with the flowers. Yarrow has professional training as a herbalist, nutritional consultant and flower remedy practitioner. She is from Salmon Arm.

### **DONNA MARTIN - YOGA and the "ENERGY BODY"**

Energy goes where the attention flows. Blocked energy interferes with our ability to be healthy, loving, intuitive, creative and peaceful beings. This workshop is about moving the energy through our body in the yoga postures using various techniques such as Reiki, Reflexology, Toning, Biokinesiology, creative visualization and energy balancing. Donna is from Kamloops, has her own T.V. show and teaches "Relax-Sessions".

### **DR. TREVOR SALLOUM - HEALTH FOR LIFE**

An insider's view into protein, fats, carbohydrates and diet. An overview on fasting with hints on how to optimize your health. Trevor is a Naturopathic Physician from Kelowna.

### **JOAN SMITH - REIKI - NATURAL HEALING**

Reiki, the channeling of universal life energy, it is a gentle, relaxing form of hands-on healing that is completely natural and non-invasive and treats body, mind and spirit. Reiki was evolved in Japan in the 19th century by Dr. Mikao and is now taught in many countries, with students numbering in the thousands. Joan is from Salmon Arm and is a Reiki Master.

### **JANE HILL-DAIGLE**

#### **1) SUZUKI METHOD MUSIC LEARNING**

#### **2) MASTER CLASS FOR SUZUKI PIANO STUDENTS**

- 1) A talk and discussion with participants about the Suzuki Method, the philosophy and practice of this special way of learning.
- 2) A workshop for Suzuki Piano students. Each participant would play a piece from the Suzuki repertoire. She will help each student develop his/her ability on the piece performed.

### **DAY STAR - DANCES OF UNIVERSAL PEACE**

The dances of Universal peace are meditations-in-movement, developed by Murshid Samuel Lewis. Using sacred phrases from throughout the world, these dances lead to joy, heart-awakening and spiritual unfoldment. Simple to learn. Beginners welcome. Day Star is from Winlaw, B.C.

### **HARRY JUKES - BUFFALO CHIP TO MICRO CHIPS A LOOK AT THE PAST AND FUTURE CHANGES**

We are living in times of continual change and constant crisis. A manifestation of the state of consciousness and awareness of individuals and society. Do we see any signs of a shift in this awareness? An in-depth look at the question. Harry is from Robson and teaches at the Selkirk College. Has been involved for over 25 years in metaphysics and is the founder of this festival.

### **HAROLD NAKA - DANCING TAO, PLYING TAI CHI**

"Integrating philosophy, meditation and movement" you have the opportunity to rediscover a fresh and innovative expression. Tai-Chi flows changes and blends in the creative process of the universal order known as the TAO. Through the dance of the five elements, we will experience the essence of Tai Chi in its most natural form, exploring how the soft, graceful movements of Tai Chi can return the body to a relaxed peaceful and balanced state. Uniting the body, mind and spirit in Harmony. Harold is from Kelowna and he has created an expression of Tai Chi integrating the Eastern Wisdom with our Western Spirituality in a fresh and meaningful way.

### **PETER DURYEA - SUBSTANTIAL SPIRITUALITY**

Growing awareness of the global crisis now dawns upon humanity. We realize the problem is us. The need for sweeping changes in our relations with each other and our environment is apparent everywhere. How do we change? What direction can we take? How do we sustain our development both inside and out? Let's talk about it. Peter is from Gray Creek and is one of the founding members of the Guiding Hands Recreation Society on Kootney Lake. Both occupations promote positive human change.

ROOM SAT.	NORTH WING	LOFT	GYM LOUNGE	GYM	BASEMENT
8:45 to 10:15 a.m.	Peter Morris Simple Meditation	Nakhia Astrology	Yarrow Alpine Flower Remedies	Day Star Sufi Dancing	Maureen & Elaine Uniting Mind & Heart
10:30 to NOON	Mariah Milligan Dream Quest	Gardom Lake "Peace"	Joan McIntyre De-mystifying Gems & Crystals	Joan Casorso Strong, stretched and centered	Jason & Tao Teenage Sexuality
1:15 to 2:45 p.m.	Terry Harris Crystals Personal Power & You	Trevor Salloum Health for Life	Joan McIntyre Workshop Leaders Forum	Dr. E.D. Kenney Shamanic Medicine <small>PART I</small>	Mojave Jukes The Essence of Birth
3:00 to 4:30 p.m.	Hank Pelsler The Wellness Class	Harry Jukes Buffalo Chips to Micro Chips	Laurie Owen Sensitive Touch	Dr. E.D. Kenney Shamanic Medicine <small>PART II</small>	Peter Morris Simple Meditation
<b>SUN</b> 8:45 to 10:15 a.m.	Gert Beadle "Crone"	Kate & Paddy Improvisational Story telling	Yarrow Alpine Flower Remedies	Leslie Brucker Jazz for Men	Ma Parijat & Urmi Live Love Laugh <small>PART I</small>
10:30 to NOON	Dave Cursons Deep Ecology	Dennis Milligan One World Government <small>PART I</small>	Vicki Allen Learning Forgiveness	Harold Naka Tai Chi <small>PART I</small>	Ma Parijat & Urmi Live Love Laugh <small>PART II</small>
1:15 to 2:45 p.m.	Cheryl & Brad Overcoming the Fear of Success	Dennis Milligan One World Government <small>PART II</small>	Laurel & Darryl The Politics of Spirituality	Harold Naka Tai Chi <small>PART II</small>	Harry Jukes Buffalo Chips to Micro Chips
3:00 to 4:30 p.m.	Mariah Milligan Dream Quest	Hank Pelsler The Wellness Class	Gert Beadle "Crone"	Kate & Paddy Creative Movement & Expression	Lars Chose Questing

THE BEACH CLASSES ARE  
CANCELLED IF IT RAINS!

BRING SUNHATS & LOTION AS WELL  
AS WARMER CLOTHES  
FOR COOL EVENINGS

ALSO CUSHIONS FOR SITTING

Welcome  
to our  
Celebration  
of  
Spring

MEAL TIMES

Breakfast - 7:45-8:15 a.m.  
Lunch - 12:15-12:45 p.m.  
Dinner - 5:30-6:00 p.m.

<b>DORM</b>	<b>MAPLE COURT</b>	<b>SOUTH WING I</b> (Back Room)	<b>SOUTH WING II</b>	<b>OUTSIDE</b> Beach or Tee Pee	<b>WALK</b>
Jane Hill-Daigle Suzuki Method Music max: 20	Margaret Lambert Polarity	Hazel Peters Integrated Breath max: 30 PART I	Peter Duryea Substantial Spirituality	BRING YOUR DRUMS BRING YOUR VOICES BRING YOUR HEARTS	LET'S TAKE A WALK ON THE BEACH
Joan Smith Reiki max: 20	extra time for polarity students	Hazel Peters Integrated Breath max: 30 PART II	Donna Martin Yoga max: 30	Mojave Jukes The Essence of Birth	DID YOU KNOW THAT THERE'S CAVES TO SEE?
Jane Hill-Daigle Suzuki Method Music max: 20	Margaret Lambert Polarity	Marsha Warman Psycho-physics max: 30 PART I	Lynne Mundell Healing Through Open attention max: 30 PART I	Lars Chose Questing ----- Dale Jukes Juggling	Nakhia Herb Wildcrafting
Joan Smith Reiki max: 20	extra time for Polarity students	Marsha Warman Psycho-physics max: 30 PART II	Lynne Mundle Healing Through Open attention max: 30 PART II	Kate & Paddy Creative Movement & Expression	
Jane-Hill Daigle Master class for Suzuki max: 4	MAPLE COURT LOUNGES Will be used as Healing Rooms all weekend	Trevor Salloum Health for Life	Maureen & Elaine Uniting Mind & Heart	BRING YOUR MUSICAL INSTRUMENTS	
Jane Hill Daigle Master class for Suzuki max: 4	MEDITATION ROOM Is beside the cafeteria	Terry Harris Crystals Personal Power & You	Cheryl & Brad Sunday Celebration	Gardom Lake "Peace" ----- Dale Jukes Juggling	Nakhia Herb Wildcrafting
Reiki Healings Are in the Dorm Lounge all week-end	CHECK THE BULLETIN FOR LOCATION OF HEALING ROOMS	Livina Hiacinth Dream Communication max: 30 PART I	Donna Martin Yoga max: 30	Joan Casorso Strong, stretched and centered	
Reiki Healings are Free	<b>SMILE</b>	Livina Hiacinth Dream Communication max: 30 PART II	Laurie Owen Sensitive Touch	Peter Duryea Substantial Spirituality	DON'T WORRY BE HAPPY

**REMEMBER  
TO VISIT & CHAT  
with the NON-PROFIT  
ORGANIZATIONS WHO WILL  
BE HAVING DISPLAYS  
••SUPPORT THEIR CAUSE••**

**If the  
CLASS IS FULL  
TRY THE  
HEALING  
ROOMS**

**GYM in the EVENINGS**

FRIDAY - 7 p.m. Opening Ceremonies followed with ENTERTAINMENT  
SATURDAY - 7:30 p.m. THEATRE & SINGING Drum Circle followed by a Dance.  
SUNDAY - 4:30 p.m. PIED PIPER PARADE with the children leading the adults to

## WORKSHOP LEADERS

### **PETER MORRIS - THE SIMPLE ART OF MEDITATING YOUR WAY TO HEALTH**

An introduction to simple meditation and how this can help to make dynamic changes in your life and health. Peter is an International healer and conducts classes throughout Canada. He is from Vancouver, now residing in Penticton.

### **LIVINA HIACINTH - CREATIVE SELF DISCOVERY THROUGH DREAM COMMUNICATION**

Our dreams are our own creations. They hold within them important messages and insights into our personal realities, communicating our limitations and our possibilities. We will creatively explore one or two dreams. Learn a creative method with which to discover the messages our dreams are communicating to us. This method intuitively and practically enhances personal growth, leading to integration and healing of Body, Mind and Soul. Bring a dream. Livina lives in Winlaw.

### **DALE JUKES - JUGGLING FOR BALANCE**

A hands-on instruction and games in the art and science of juggling, giving each participant the skill to juggle three objects. Bring some objects with you. Dale lives in Spillimacheen, B.C., he and his wife Mojave are the founding core members of COLUMBIA S.O.I.L. They will have a table at the fair and would love to meet you and explain what this exemplary community is all about.

### **MOJAVE JUKES — THE ESSENCE OF BIRTH**

A time to share birth experiences, song, ritual, to establish links of support so we may follow our intuitive knowledge to conceive, grow, birth and parent our children, in the conscious ways of our choice. Mojave is trained through informed Homebirth and is a Childbirth Educator. All four of her children were born at home. She lives in Spillimacheen.

### **HAZEL PETERS, CYNDY & TREVOR FORRY INTEGRATED BREATH SESSIONS**

Re-birthing uses connected "deep" breathing methods, to release suppressed feelings. We can share in a more positive experience of self, others and life. Come and experience the healing power of the "BREATH" Bring a blanket and a pillow. Hazel is a Personal Growth Practitioner from Kelowna and will be assisted by her two colleagues.

### **JASON AND TAO FARRELL - TEEN-AGERS & SEXUALITY - A NEW AGE PERSPECTIVE**

If you are a parent of teenage kids then this workshop is for you! Jason has been teaching high school and counselling kids and parents for eight years. He has two teenagers and they have developed a method of loving openness that precluded the blocks that can develop between generations. Tao, his 17 year old son will be assisting. It is so easy for our teenagers to suddenly become strangers. They don't have to. Teenagers bring your parents! Parents bring your kids! Let some light shine into the darkness. They are from Vernon.

### **VICKI ALLEN - LEARNING FORGIVENESS**

Holding on to a grudge of resentment towards another person or ourselves ends up into two places; in the mind and in the mind and in the body. In both places it poisons our aliveness and limits how much love we can feel. We can forgive ourselves. Vicki is from Silverton, she leads Gestalt groups and is a Reiki master.

### **LESLIE BRUCKER - INTRODUCTORY JAZZ DANCE FOR MEN**

An introduction to Jazz Dance including warm-up, moving steps across the floor and a dance routine. Feed the spirit and soothe the soul through music, movement and freedom of expression. All that is needed is bare feet and comfortable clothing. Leslie is a dance instructor in Penticton.

### **GURLI HON HERNO - MAN'S PILGRIMAGE THROUGH EVOLUTION**

You leave your father's home as a spark of his divine perfection and as you pilgrim, you wonder many worlds. You learn and grow, from all kinds of experience, until you become conscious of your divine perfection and triumphantly return to your father's home and place yourself before his holy feet. From Vernon.

### **MARSHA WARMAN - PSYCHO-PHYSICS**

Marsha is a private practitioner of Psycho-Physics; a bodywork/counselling that facilitates healing body, mind and emotions through spiritual integration. Marsha is from Kelowna and has been involved for 17 years in the Wholistic Health Movement. Her background is anatomy, instructor of Iyengar Yoga and esoteric philosophies.

### **NAKHIA - HERB WILD CRAFTING**

Learn how to recognize and use the incredible abundance of natural, edible and medicinal plants. Gain a greater sense of resourcefulness and self-sufficiency, as you personally connect with the plants growing freely around us. Nakhia is from Vancouver and has learned to walk lightly on the earth.

### **NAKHIA - ASTROLOGY AND YOU**

A revealing look at the astrological influence shaping your character and destiny at your birth. Learn your true potential by understanding how the cosmic energy "flows". Nakhia has been enthusiastically involved in astrology in Vancouver for 17 years.

### **JOAN McINTYRE - DEMYSTIFYING USE AND CHOICE OF GEMS AND CRYSTALS**

Lecture discussion with lots of room for questions: stories, folklore and myths relating to ancient uses of gems and crystals. We will work with a large display exploring both their scientific and mythic proportions. These will be offered for sale immediately following the workshop. Joan is from Vernon.

### **MA PARIJAT & URMI SHELDON - LIVE LOVE LAUGH**

A 3 hour journey of experiences of laughter, movement and meditation. Plus an insight into the active community of the enlightened master Shree Rajneesh through a video presentation. Urmi lives in Penticton and Ma Parijat lives in Sidney and both have lived in India and enjoyed the hospitality of his community.

### **GERT BEADLE - CRONE WOMEN OF WISDOM & POWER**

Celebrate the wisdom, wit and beauty inherent in the aging process. A true woman of wisdom and power, a feminist and member of the Order of Canada. She is known for her amazing insights and penetrating vision. Loved by all who know her, from Kelowna.

## WORKSHOP LEADERS

### **JOAN McINTYRE - WORKSHOP LEADERS FORUM**

Discussion of all aspects of workshops presentation. (What works and what doesn't) Including advertising techniques, a hard look at the old bugga-boo of how to combine cheerful acceptance of money in trade for healings and or spiritual information. Joan wears many hats, she is founder of the Canadian Holistic Healing Association and is past president of the Canadian Coalition of Wholistic Health Organizations (CCWHO). She is presently busy trying to network all wholistic healers in Canada, so that we have some continuity in direction and standards. Lets help her network and promote the development of wholistic health and care in Canada by joining the CCWHO.

### **KATE RUBIN & PADDY CRAWFORD IMPROVISATIONAL STORY TELLING**

By using co-operative story telling games, expand your imagination, increase spontaneity and sense of paly, as well as come away with some effective tools for other creative work.

### **KATE RUBIN & PADDY CRAWFORD CREATIVE MOVEMENT & EXPRESSION**

Through various improvisational games and creative dance work participants will explore their own creative expression. Kate works as a creative movement and theater instuctor and has performed in children's and dramatic theater. Paddy has toured throughtout Canada with Kaleidoscope Story Theater for the past two years, as well as teaching adults and children. Both are from Victoria.

### **LARS CHOSE - QUESTING IN SEARCH OF HUMAN EXCELLENCE**

Deep inside we all know, we are part of an inherent oneness, but most of the time we feel cut off from the source and our true potential. We can bring the entire self into a higher order, by making new connections in our mind, body and spirit. Questing directs us toward that fuller potential through exercises that utilizes natural mental and physical functions. Lars is co-director of Coastline Center in Victoria where he does hypnotherapy, performance enhancement training and teaches Tai-Chi. His work is a blend of 16 years of exploration in psychology, meditation, yoga and the martial arts.

### **MAUREEN BYRNE & ELAINE ASHBY - UNITING MIND AND HEARTS EQUALS WORLD SERVICE**

Examine how the energies are operating in our lives today. Using creative visualization, affirmations and exercises we will unite and bring into alignment the powers of the Mind (Will) and the Heart (Love). As these two powers unite we will continue to move towards healing, joy, peace, abundance and happiness, not only for ourselves but for a humanity. They are from Kelowna.

### **Laurie OWEN - SENSITIVE TOUCH**

This hands-on workshop will teach you to give a soothing, effective shoulder, neck and head massage to anyone, anywhere. We will be working in a seated position. Laurie is a licensed Massage Practitioner, has a background in Shiatsu, sports massage and deep Tissue work. She resides in Tacoma.

### **LYNNE MUNDEL - HEALING THRU OPEN ATTENTION**

Our relationships and the quality of our consciousness have a direct effect on our health. We are energy, exchanging thought and substance, our identities are in constant flux. This simple yet powerful discipline can accelerate healing on both personal and planetary levels. Lynne is from Kamloops.

### **MARIAH MILLIGAN - DREAMQUEST THE INNER JOURNEY**

As we work reverently with our dreams we find them to be a tremendous source of guidance. They help to give us understanding of our ourselves and our relationships. We will explore proven techniques both ancient and modern, drawn from around the world. Mariah has been studying dreams for 10 years and lives in Vernon.

### **DARRYL O'NEILL & LAUREL BURNHAM THE POLITICS OF SPIRITUALITY**

Has the New Age movement really confronted the realities of our planet, its people and our rapidly deteriorating world environment? Are we truly creating our own reality? What are our politics, and what does it mean to be truly conscious, loving and aware in this day and age? A lively, participatory discussion guaranteed. Residents of Naramata.

### **DAVID CURSONS - DEEP ECOLOGY**

Time is passed where "man's dominion" can excuse the excesses which are destroying Mother Earth. What does it mean to human beings to begin to tread softly? Explore the adaptive diverse and co-operative ways of survival with in the web of existence. Readings, exercises, meditations and discussion. A Penticton worker and a big help with children's festival.

### **TERRY HARRIS CRYSTALS, PERSONAL POWER AND YOU**

Despite the hype, promotion and criticism of the "New Age" it is a time of self reliance, common sense and understanding. Truly a time of "Personal Power". In this workshop experience we will address a variety of issues (relationship, money, world peace) and how we avoid satisfactory results. Bring your favorite crystal. Terry is from Vancouver.

### **CHERYL HART & BRADLEY HARRISON SUNDAY CELEBATION**

This is a wonderful opportunity to experience Love, Joy, Singing and Fun with an inspirational talk based on "A Course in Miracles" Come share the joy of God.

### **CHERYL HART & BRADLEY HARRISON OVERCOMING THE FEAR OF SUCCESS**

This workshop is designed to assist participants in identifying and overcoming the blocks and barriers which keep us from being successful in all aspects of our lives. Cheryl and Brad are from Kelowna.

### **GARDOM LAKE INTERNATIONAL EARTH FRIENDSHIP CENTER - "PEACE"**

*"Between the earth and you, among our ourselves, within you"*

All things are connected and if we are to be at peace with the earth, we need to be at peace within and among ourselves. Celebrate the JOY of connecting with the earth in spring, as we explore the essence of the Earth Friendship Center concept. Share with others in "down to earth" terms what "on earth" we can do to foster wellness of the planet and ourselves. To translate our awareness into action, we will join with everyone at the end of the workshop to plant a symbolic peace tree and a peace pole. Sarah Kipp and Clive Callaway are the founders of this pilot project, near Salmon Arm and wish to share involvement. They need your support. "Think Globally, act Locally"

# The Children's



# Festival

D. CURSON

POLARITY

PUPPET SHOW

SUZUKI  
PIANO

A WONDERFUL EXPERIENCE  
of WELL PLANNED ACTIVITIES

JUGGLING

CRAFTS

MEDITATION

★★ FOR CHILDREN AGES 4 Yrs. & up ★★

SESSIONS start 8:30 A.M. - 5 P.M.

SAT. & SUN. ★ MAY 27 & 28

MUSIC MAKING

COOPERATIVE  
GAMES

Cost is \$25.00 per child  
for the Week-end

NATURE WALKS

DANCING

ADULTS ARE WELCOME TO JOIN IN

YOGA

ENVIRONMENTAL  
AWARENESS

PLUS

CLOWNS

CAMPFIRE

THE GRAND FINALE  
A CHILDREN'S PARADE

STORY  
TELLING

MAGIC

with music, costumes & face paints

FOLKLORE